



Quality Update  
May 2019



## MEASLES OUTBREAK

Measles is a highly contagious, vaccine-preventable disease that is spread by direct person-to-person contact and through the air. The virus can live for up to two hours in the air where the infected person was present. Symptoms of measles usually begin 7-14 days after exposure, but can appear up to 21 days after exposure and may include:

- High fever (may spike to over 104°F)
- Cough
- Runny nose
- Red, watery eyes (conjunctivitis)
- Tiny white spots on the inner cheeks, gums and roof of the mouth (Koplik Spots) 2-3 days after symptoms begin
- A rash that is red, raised and blotchy. It usually starts on the face, then spreads to the trunk, arms and legs 3-5 days after symptoms begin.

If symptoms develop, providers are encouraged to urge their patients to call their office before arriving so they can take precautions to prevent exposure to other individuals.

**The measles vaccine is highly effective and very safe. A single dose of measles vaccine protects about 95 percent of children, but after two doses, almost 100 percent are immune.**

### Covered Services Include:

- Measles vaccinations (pre-exposure and post-exposure) are a covered benefit. As always, vaccination efforts should be supplemented by health education.
- Medically necessary laboratory testing, including diagnostic testing for the measles virus, is covered.
- Practitioner office visits and services.
- Prescribed drugs as identified on the appropriate formulary.
- Inpatient and outpatient hospital services.

*NOTE: MHP will include your office's website in the provider directory, please fax your URL back to us!*

**Thank you for the quality care you deliver!**

<b>PCP Feedback</b> (Please print)	Comments, requests, questions, etc.: FAX to <b>(833) 540-8648</b>
<b>Name:</b> _____	<b>Phone:</b> _____
<b>Email:</b> _____	<b>URL:</b> _____